

## Feeling Safe Primary Questionnaire

Everyone deserves to have a happy and safe home.

Do you feel safe at home?

Answer YES or NO to the following questions:



Question	YES	NO
1) Do you feel safe and supported all the time?		
2) Is everyone in my family cared for and encouraged to be the best we can be?		
3) In our family, am I able to share everything from feelings to toys?		
4) Am I able to talk about anything that worries you?		
5) Does everyone in the family trust and respect each other?		

If you answered '**YES**' to all the questions you live in safe and happy Home.

If you answered '**NO**' to any of the above questions, complete the next section.

Question	YES	NO
1) Does your family argue and fight every day?		
2) Do you always feel scared at home?		
3) Does one adult in my family call the other adult names?		
4) Does one adult make the other adult scared by threatening them?		
5) Do you worry about going home?		

If you have answered '**YES**' to the above questions, these are warning signs that you are not feeling safe at home. These are warning signs that Domestic Abuse may be happening. Even **ONE** warning sign could mean that you are not feeling safe at home.



Talk to a trusted adult such as a family member, teacher, neighbour or your friend's parents. Explain to them that someone is making you feel unsafe and you don't know what to do or you could phone ChildLine on 0800 1111.

